

NO MORE WEEK 2025

NO MORE Week 2025 – March 2nd - March 8th – will bring together people from every corner of society and the world to say “NO MORE” to domestic and sexual violence.

It’s the time for survivors, allies, employers, organizations, colleges, and communities to increase awareness and action to stop and prevent abuse. Join the movement because we are louder, stronger and more impactful together!

GETTING STARTED

The focus for NO MORE Week 2025 is NO MORE Silence. Together, let’s break the silence, shine a spotlight on the epidemic of domestic and sexual violence that impacts 1 in 3 women and 1 in 6 men globally, and encourage collective action to stop it.

It’s easy to join and make a difference! We have created resources, tools, and social media assets to help you plan and take part.



[Share your story](#)



[Raise awareness](#)



[Join NO MORE Week events](#)

[CLICK FOR
RESOURCES](#)



WAYS TO GET INVOLVED

CREATE YOUR OWN NO MORE WEEK EVENT

Create your own event to raise awareness on your campus, at your workplace, or in your community. Whether it's hosting a coffee or happy hour; holding a workplace conversation; or creating a social media moment, every action will get more people to join the movement.

[RESOURCES](#)

NO MORE WEEK CHALLENGE

Sign up and invite your colleagues, friends, and family members to join you in the NO MORE Week Challenge, the 5th annual virtual event to raise awareness and fund resources for survivors of domestic and sexual violence. Choose a distance - 5K, 10K or a Half Marathon - to complete from NO MORE Week through March.

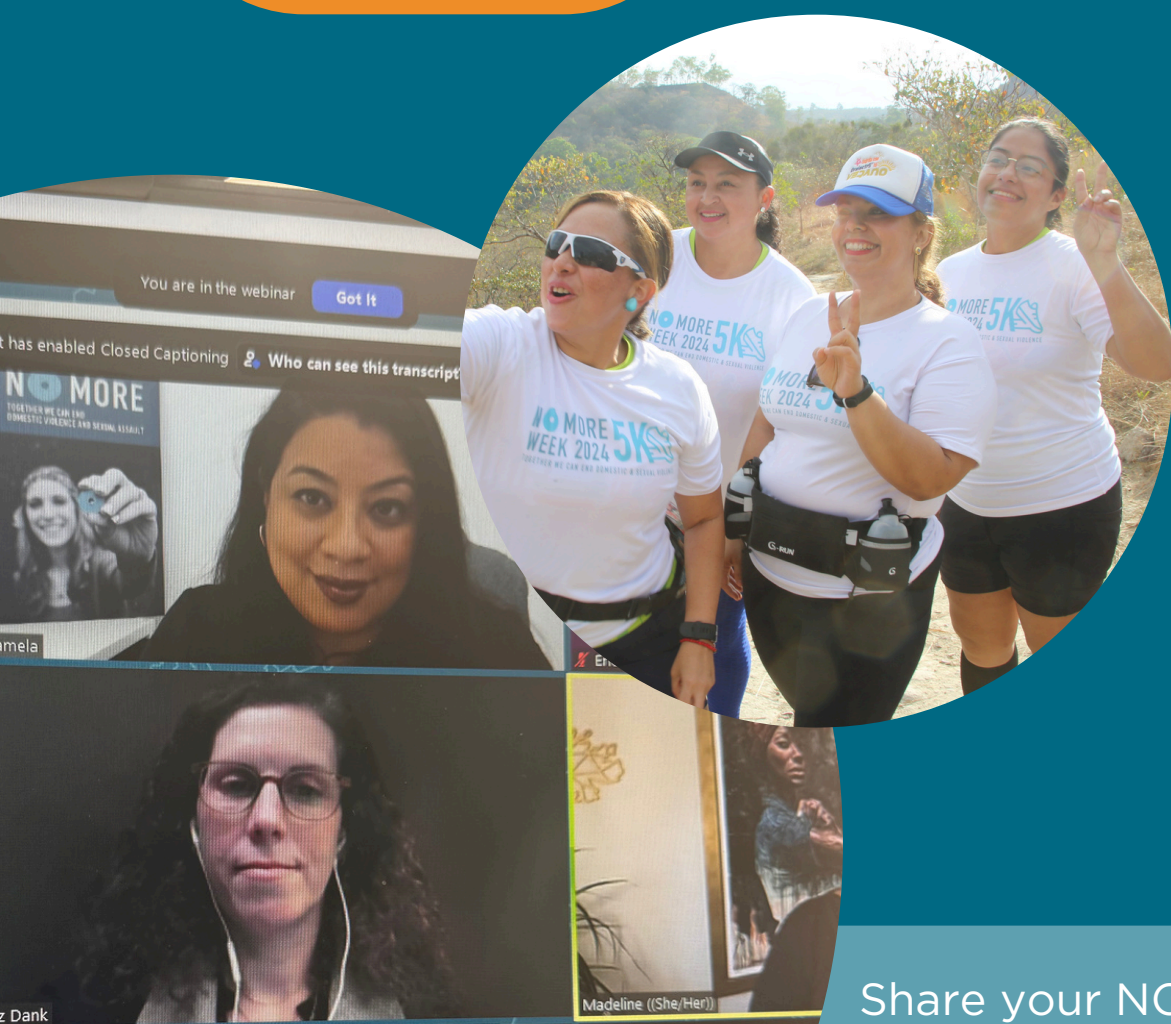
[SIGN UP HERE](#)

NO MORE WEEK TECH SUMMIT-March 4th

Empowering or Endangering? Tech's Impact on Domestic and Sexual Violence

Attend the NO MORE Week 2025 Tech Summit, a special online event exploring the impacts of technology on domestic and sexual violence, including the innovations and the dangers. Hear from global experts on the latest research, policy changes, product development, and more.

[REGISTER HERE](#)



Share your NO MORE Week activity with #NOMORESILENCE