

# *The Woman's Club of Glyndon Newsletter*

*Sandi Haertig, President*

*March 2021*

## **Paddling through the Pandemic**

**NO meeting in April.** The Covid 19 committee will be evaluating the possibility for May's meeting (May 5<sup>th</sup>) to be held in the clubhouse and once a decision has been reached, I will notify everyone with that update via email and the next newsletter. At the very least, we have reserved the Pavilion at St. Paul's for June 2<sup>nd</sup> and if we accomplish business in May, this date will be more of a fun get together type of gathering before we close for summer.

In the meantime, your continued support of our fundraisers is GREATLY appreciated! And I'm glad to help spread any news to the club via emails and newsletters in the meantime. Thanks for providing me information to share with others. -Sandi Haertig

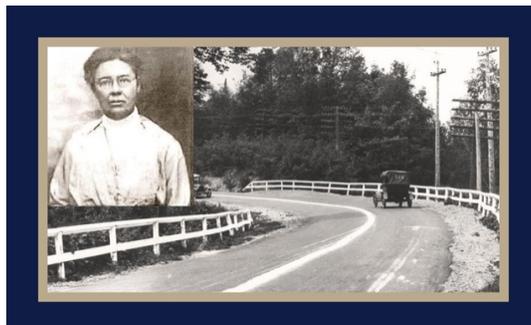
## **Message from the President – Sandi Haertig**

Since March is National Woman's Month, I wanted to remind us that we all can make a difference, whether large or small. I thought I'd share an interesting fact about a GFWC club member from 1924.

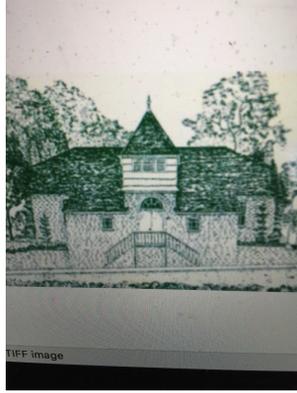
Did you know the reason you see a white line down the middle of the road while you are driving is thanks to the efforts of GFWC California clubwoman June Hill Robertson McCarroll?

In 1924, June came up with the idea of having the white line in the road as a safety measure. Historical accounts tell us June was once almost run off the road by a large truck – which inspired her to dedicate many years of her life to road safety for others. When she finally achieved her goal in California, other states soon followed suit.

Years later, on April 24, 2002, the state of California honored June's contributions to road safety by naming a stretch of Interstate 10 near Indio east of the Indio Boulevard and Jefferson Street exit "The Doctor June McCarroll Memorial Freeway."



Hoping we can all meet together soon. Stay safe, strong and happy! Sandi Haertig



### Woman's Club of Glyndon

Our clubhouse is standing so stately and tall  
But wants us to know she's missing us all.

A year has gone by since our presence was felt  
And she hopes we come back before the next snow melts!

Our laughter's been missing; our friendships we've kept  
But because of COVID a safe distance still yet.

No luncheons or teas, no book club to share  
We are a bit sad and feel the despair.

So please know I'm waiting to welcome you back  
And ask that each of you please bring a snack!  
(Miss you and am hungry!)



## Gal Pals Bingo!

Twenty-five club members recently finished a rousing round of Gal Pals Bingo. This game was created by Susan and Kathi just for the ladies of the club. Each player received a customized bingo card with our own members' names. No two cards were exactly alike. The object was to be the first to have "X" bingo. Each day two names were drawn and then clues were sent out describing those two members. The players had to figure out who the members were and then see if they were in a helpful spot on their cards.

After almost two weeks of fun and mounting tension, we declared **EVELYN TAYLOR** the official **WCOG Gal Pals Bingo Champion** with all the bragging rights that go with this coveted title! Evelyn humbly accepted her first place finish, via a conference call, and told us that she didn't remember ever winning anything like this before. Susan and Kathi have packed their suitcases and are heading to Florida with her prize. (Don't we wish!)

Congratulations to Evelyn on a well-played game! Stay tuned for coverage of the prize delivery!

Susan Randolph and Kathi Howard

## Ways and Means – Carol Parker and Patti Schunk

**SAVE THE DATE !!! APRIL 29**

### **DINNER FROM GLYNDON GRILL**

Pick up from 4:30 to 6 pm

We will be sending out the menu and the instructions for calling in your order in our next newsletter. With each order \$5 will be added and our club will keep the \$5. This is a win-win for our club, for Glyndon Grill, and for You since you won't have to cook on April 29.

Thanks for your support.

## **Pirate Queen Luncheon**

Just a reminder that our luncheon will be in the fall. I know we are all looking forward to another stunning portrayal by Mary Ann Jung but we have to be patient. The date, time and place will be in a newsletter closer to the fall

## **Wockenfuss Candy Sale**

Thank you to Barb Stevenson and Sandi Haertig for coordinating this fundraiser. Thank you to everyone who participated by purchasing candy or by donating. Barb will let us know when the candy arrives. Thank you all for making this another successful fundraiser. Happy Chocolate Eating and Happy Spring to All!

### Birthdays



### **April**

Jeanne Morrill 3  
Sue Shriver 4  
Dorothy Hansen 12  
Judy Ripley 14  
Marie Maevers 20  
Kathy Levin 21  
Linda Beaver 26

### Tidbits from our History – Lynne Maher



### **Tidbits from our History**

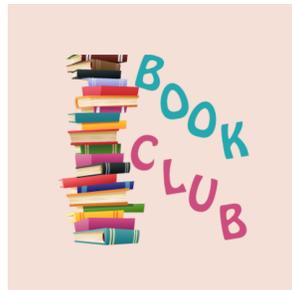
In 1998 the National Education Association proclaimed March 2 as Read Across America Day in honor of Dr. Seuss' birthday. Many GFWC clubs do chose that day to go into schools and read to classes. Although our club did not specifically do this, over the years we have contributed Dr. Seuss books (and children's books by other authors) to Head Start in Owings Mills, Sarah's Hope at Hannah More, and Reisterstown Elementary School. However, in March 2004, we held a Dr. Seuss Party for community children at the clubhouse. There were various "stations" including making a Cat in the Hat headband, having a cat face painted, doing a craft item, and listening to a Dr. Seuss story. Thanks to an arrangement with the Woman's Club of Westminster and Random House Publishing, each child went home with a new book. All the children (some were our grandchildren) and the members who participated had an enjoyable afternoon. Photo of workers: (left to right) Back row: Babs Condon (Westminster), Sue Kenney, 3 Westminster Starettes, Helen Frey, Joyce Paul, Kathi Howard. Middle: Vicky Piper, Lynne Maher, Gloria Davidson. Front: Janet Walker, Alice Kennan, 3 young helpers  
At craft table: Lynne Maher and granddaughter Heidi (who is now a sophomore in college.)

## **School Partnership – Kathy Elky**

### Reisterstown Elementary School Partnership

This is an informative report about the reopening of the school from Jessica Chisholm, the guidance counselor, who is back in the school building: " All staff who work with pre-k through second grade returned at the end of February. On March 1st school reopened for students in those grades who are participating in the hybrid model. There are two cohorts where some students come Monday and Tuesday only, and then some come Thursday and Friday only. Everyone is virtual on Wednesdays so the custodians can clean the building in between cohorts. We are averaging around 30 kids per day. Most students are staying virtual for now. In April third through fifth grade can come back in the hybrid model, meaning they can only come into the building two days a week. We know when this happens some more of our primary kids will return with their older siblings. Everyone in the building must wear a mask unless they are in an office by themselves. In the cafeteria, students take off their masks to eat. They are seated at a table by themselves. The staff in the cafeteria wears both a mask and a shield. Overall, we have done well with this soft opening. As more students return to the building, we will have more challenges with social distancing, etc."

Thanks to everyone for supporting our school project!



### **Book Club – Sue Shriver**

Three cheers, we will be meeting. However, on April 7th rather than the 14th.. date change. We will meet at 10 am in the club house, observing social distancing and Wearing masks. It seems like a long time, but we will be together.

Judy Beck will facilitate our discussion of "Woman of Troublesome Creek" By Kim Richardson.

## Women's Health by Carol Parker

### *Keep Sharp- Build A Better Brain At Any Age by Sanjay Gupta*

I just finished reading his book and recommend it to everyone. It has practical ideas and is an easy read...and no I am not receiving any kickback for recommending it.

He shares stories of the many people from around the world who are working to find a cure or a way to slow the progression of Alzheimer's.

He talks about delaying the progression of cognitive decline by 2-3 years by simple life style interventions-even if there is a family history of Alzheimer's.

Since we know that Alzheimer's starts decades before diagnosis, he gives a 12-week plan that everyone can benefit from.

The plan is common sense and not hard to adapt to any life style. He using the acronym SHARP. Slash the sugar, Hydrate smartly, Add omega-3 from Natural food sources, Reduce portions, Plan meals ahead (don't get caught starving and reach for junk food).

He emphasizes being physically active, learn something new, get eight hours of sleep, be social and reach out to others, eat a healthy diet..adding just one piece of fruit a day can help.

He also addresses what to do after the diagnosis.

### Something to Smile About

What a hoot! Nancy Posner just called me to say that she's been using her Roster so much during our game that she realized her street name is wrong. She lives on Worthington AVENUE not Drive. I think it's been wrong for years! I told her that I'd let you know...

### Misc.

My dear ladies,

How can I ever thank you enough for all the support you have given me through the last two months. It seems like a dream.

Once again, I thank you for the all the cards and prayers I received during our quarantine and after my mom's death. She died peacefully and for that I'm forever grateful.

Knowing that I had your love and support meant so much to me. Please stay safe and get your vaccines. I want a hug! Love, Judy