



JWCC News

The GFWC Junior Woman's Civic Club
of
Cumberland, Maryland Inc.

April 2010

Working in our communities for 62 years

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Domestic Violence Links

www.ncadv.org

www.ndvh.org

www.loveisrespect.org

Other Useful Links

www.history.com

www.caninecompanions.org

Contact Us

<http://www.gfwc.org> or
sylvan@lavalecenter.com

President's Corner

It's official....Happy Spring!

Congratulations ladies, on making the Children's Play Festival a success. It's a grueling practice week yet your time and talents always pay off in the end! To date, ticket sales raised \$993 (and we are still in the process of collecting money from ticket vendors). Thanks for providing a wonderfully entertaining afternoon to the children of our community!

Entire cast and crew – thank you!



Patti Cuthbertson as Little Red Riding Hood and Ryan Cuba as Big Bad Wolf

The Allegany Girls Group Home staff celebrated on Friday, March 19 with dinner at Puccini's. It was a beautiful evening – warm and sunny – and the appreciation bags were a wonderful touch. I'm sure it was a rejuvenator for these 12 women and don't we all need that at the change of a season!



Wednesday, April 7th is our Progressive Dinner. It's a fun meeting filled with great food and friendship. Please bring friends and introduce them to the fun we have. Hors d'oeuvres will start at Kim Miller's then we will progress for dinner at my house and end with

Remember to bring:

- Gift for Secret Sister
- A friend or two

delectable desserts at Melissa Tarburton's. I can't wait to sample all the great options!!

Our April meeting will also bring planning for next year's play festival. Let's get an early start on choosing a play date, plays to perform, and establishing a cast. It's never too early to start planning and hopefully, it will save us time next March.

Saturday, April 17th is MFWC Junior Day at the BWI Marriott. It's a day where Maryland Juniors celebrate all they have accomplished within their communities. It's also a day where we will celebrate the awesome work of Joyce's administration and install new officers for 2010- 2012. Youth Art awards will be presented after lunch. Last year was the first year the Junior's hosted the Youth Art awards and it was spectacular. The youth attended with their families and explained the inspiration for their artwork. What a spectacular display of talent! I can only dream of having that much talent!! We'll also host a reception to celebrate the end of Joyce's time and the beginning of my time as Director of Junior Clubs for 2010 – 2012. Please come and celebrate with us!

Again, thanks for all you do to make our club activities a success....I couldn't do any of it without all of you and I greatly appreciate your time and talents!

Happy Easter!!

Hugs,

Mary Beth S.

Directions for Progressive Dinner

Event begins at 6:00pm

Appetizer – Kim Miller – 10046 Piney Mt Rd., Frostburg

From LaVale, take Rt 40 toward Frostburg. After you pass through Clarysville, turn right onto Piney Mt. Rd. Go exactly 1 mile. Paved driveway is on the right, with split-rail fence post corners on each side of drive.

Entrée – Mary Beth Strickler – 112 Forest Drive, LaVale

Take Rt 40 back toward LaVale. Turn right on Campground Rd. Turn left of Braddock Rd. Go about 1 mile and turn left on Sunset Dr. Go .4 miles turn right on Algonquin Ave. Turn left on Forest Drive. House is on the left.

Dessert – Melissa Tarburton – 621 Crest Drive, Cumberland

Head northeast on Forest Dive toward Seneca Drive. Turn right on Seneca Drive. Turn left on Bishop Walsh Rd. Go 1.1 mile and turn left onto Crest Drive. House is on the right.

Mark the Dates:

04/17/2010 Junior Day at State Convention, BWI Marriot Baltimore, MD

04/17/2010 March of Dimes --- March for Babies at Rocky Gap State Park, 9 a.m. walk start time.

05/01/2010 Catch Me If You Can race, Rocky Gap State Park -- to benefit Habitat for Humanity

05/05/2010 (next meeting date): annual planting/flower day to celebrate Mother's Day for the women at the Family Crisis Resource Center.

06/12-15/2010 GFWC Intl Convention, Omaha, NE

Autism Awareness Month - April

Autism is a complex developmental disability that typically appears during the first three years of life and affects a person's ability to communicate and interact with others. Autism is defined by a certain set of behaviors and is a "spectrum disorder" that affects individuals differently and to varying degrees. There is no known single cause for autism, but increased awareness and funding can help families today.

In December 2009, the Centers for Disease Control and Prevention issued their ADDM autism prevalence report. The report concluded that the prevalence of autism had risen to 1 in every 110 births in the United States and almost 1 in 70 boys. The issuance of this report caused a media uproar, but the news was not a surprise to the Autism Society or to the 1.5 million Americans living with the effects of autism spectrum disorder. Nonetheless, the spotlight shown on autism as a result of the prevalence increase opens opportunities for the nation to consider how to serve these families facing a lifetime of supports for their children.

Currently, the Autism Society estimates that the lifetime cost of caring for a child with autism ranges from \$3.5 million to \$5 million, and that the United States is facing almost \$90 billion annually in costs for autism (this figure includes research, insurance costs and non-covered expenses, Medicaid waivers for autism, educational spending, housing, transportation, employment, in addition to related therapeutic services and caregiver costs).

Know the Signs: Early Identification Can Change Lives

Autism is treatable. Children do not "outgrow" autism, but studies show that early diagnosis and intervention lead to significantly improved outcomes.

Here are some signs to look for in the children in your life:

- Lack of or delay in spoken language
- Repetitive use of language and/or motor mannerisms (e.g., hand-flapping, twirling objects)
- Little or no eye contact
- Lack of interest in peer relationships
- Lack of spontaneous or make-believe play
- Persistent fixation on parts of objects

(source www.autism-society.org)

This Day in History

1776 – U.S. Navy captures first British warship

1805 – Lewis & Clark depart Fort Mandan

1862 – Civil War Battle of Shiloh concludes

1947 – Henry Ford dies

1954 – Eisenhower gives famous "domino theory" speech

1970 – John Wayne wins Best Actor Oscar

Do you have a great JWCC photo? If so, we want them for the newsletter. Please forward your digital photo to kimiller@verizon.net or bring a copy to a club meeting and we will scan and return.

GFWC History

1961: GFWC's Women's Crusade for Seat Belts program resulted in the installation of more than one million seat belts over the course of one year.

(source www.gfwc.org)

Member Update

No updates this month.

Quote of the Month

"Nobody ever drowned in his own sweat. "

~Ann Landers

Happy Birthday Greetings

No April birthdays

Recipe - Pecan Snack

April is National Pecan Month

(source www.allrecipes.com)

Ingredients

1 egg white
1 tablespoon water
1 pound pecans
3/4 cup white sugar
1 teaspoon ground cinnamon
1 teaspoon salt

Directions

Preheat oven to 250 degrees F (120 degrees C).

In a large bowl, beat egg white with water until frothy. Stir in pecans and mix to coat. Combine sugar, cinnamon and salt and stir into pecan mixture. Spread on a baking sheet.

Bake in preheated oven 1 hour, stirring every 15 minutes. Store in an airtight container.